

**2009 Youth Risk Behavior Survey  
Montana Grades 7-8  
Trend Report**

<b><i>Injury and Violence</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	82.0	81.8	79.2	77.9	77.9	~	75.9
Never or rarely wore a seat belt when riding in a car driven by someone else	26.3	19.6	16.5	14.3	11.1	13.1	9.6
Never or rarely wore a seat belt when driving a car			32.6	26.5	22.3	~	22.6
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	31.7	28.8	26.0	24.8	24.6	~	21.5
Drove a car when they had been drinking alcohol during the past 30 days	9.4	8.3	6.8	6.8	5.8	~	5.0
Carried a weapon such as a gun, knife, or club during the past 30 days	30.7	25.7	24.3	22.1	24.5	~	24.2
Carried a gun during the past 30 days	14.4	12.3	12.9	10.8	11.5	~	10.6
Carried a weapon on school property during the past 30 days	11.6	8.4	5.9	6.2	5.5	~	8.1
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	6.0	6.4	6.5	6.6	6.2	~	6.0
Had been threatened or injured with a weapon on school property during the past 12 months	9.2	10.0	10.6	9.6	8.8	~	7.7
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months				34.4	33.3	~	~
Were in a physical fight during the past 12 months	48.7	46.1	40.3	40.4	41.1	~	38.4
Were injured in a physical fight that required medical treatment during the past 12 months	4.8	5.0	4.6	4.4	4.2	~	4.1
Were in a physical fight on school property during the past 12 months	29.0	24.7	21.0	21.6	20.9	~	18.1
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months		8.8	7.5	8.0	7.8	~	~
Have ever been physically forced to have sexual intercourse when they did not want to		6.9	6.1	6.5	5.9	~	~
Had been bullied on school property during the past 12 months							38.1
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months							18.1

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<b>Percentage of students who . . .</b>							
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months		24.4	23.3	24.5	23.6	~	22.1
Seriously considered attempting suicide during the past 12 months	21.9	17.9	16.8	16.6	15.0	~	16.7
Made a plan about how they would attempt suicide during the past 12 months	18.2	16.1	13.3	13.6	12.5	~	10.0
Actually attempted suicide during the past 12 months	12.1	13.3	15.9	12.8	12.2	~	6.1
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	3.8	4.0	3.8	3.0	3.1	~	5.4

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<b><i>Tobacco Use</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Ever tried cigarette smoking	57.6	53.9	46.5	40.4	34.9	27.1	26.4
Smoked a cigarette before age 13	35.2	32.3	25.5	21.3	17.4	15.0	13.9
Smoked a cigarette on one or more of the past 30 days ("current")	27.4	21.7	15.8	13.2	11.4	9.7	9.7
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	8.1	6.7	4.7	3.8	2.4	2.2	2.4
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	5.8	7.8	8.4	7.8	7.0	8.6	8.0
Usually got their cigarettes by buying them in a store or gas station during the past 30 days			1.0	0.7	0.5	1.0	0.6
Smoked cigarettes on school property during the past 30 days	9.0	7.5	5.0	4.5	3.4	~	~
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")		16.5	10.2	10.2	8.3	8.5	6.2
Among current smokers, tried to quit smoking during the past 12 months			99.4	86.3	68.8	~	~
Used chewing tobacco, snuff, or dip during the past 30 days	11.2	8.8	7.4	6.5	6.5	6.4	6.2
Used chewing tobacco, snuff, or dip on school property during the past 30 days	5.5	4.0	4.2	3.4	3.0	~	~
Smoked cigars, cigarillos, or little cigars during the past 30 days		9.0	5.8	6.2	5.1	5.7	5.4

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<b><i>Alcohol and Other Drug Use</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Had at least one drink of alcohol during their life	67.7	68.0	63.2	61.2	55.8	44.8	39.9
Had first drink of alcohol before age 13	48.6	47.9	43.4	40.2	35.5	32.4	28.4
Had at least one drink of alcohol during the past 30 days ("current")	37.6	32.9	30.2	27.2	22.9	~	20.1
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	22.5	20.1	17.9	15.2	11.9	13.1	11.2
Had at least one drink of alcohol on school property during the past 30 days	5.0	4.4	4.3	3.9	2.9	~	~
Used marijuana during their life	24.1	23.3	21.0	19.4	15.1	15.3	14.9
Tried marijuana before age 13	15.1	16.4	13.6	14.2	10.4	9.9	9.4
Used marijuana during the past 30 days ("current")	14.7	13.3	12.5	11.3	8.5	~	9.0
Used marijuana on school property during the past 30 days	4.9	4.4	3.9	3.5	1.2	~	~
Used any form of cocaine during their life	6.5	6.5	5.7	5.1	3.7	5.9	4.3
Used any form of cocaine during the past 30 days ("current")	3.8	3.6	3.7	3.2	2.2	~	~
Used inhalants during their life	24.2	19.2	15.4	16.9	15.0	17.2	13.2
Used heroin during their life		3.5	3.0	2.9	2.0	~	~
Used methamphetamines during their life		7.5	5.7	4.6	2.8	3.0	5.0
Used ecstasy during their life				3.8	2.7	~	~
Took steroid pills or shots without a doctor's prescription during their life	5.3	4.8	4.3	4.4	3.0	4.7	3.2
Used a needle to inject any illegal drug into their body during their life	3.1	3.0	2.6	2.7	2.2	~	~
Were offered, sold, or given an illegal drug on school property during the past 12 months	23.8	19.6	17.0	16.4	13.8	~	8.0

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<b><i>Sexual Behaviors</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Ever had sexual intercourse	22.4	21.4	19.3	20.2	18.6	16.0	16.8
Had sexual intercourse before age 13	11.5	11.3	9.6	10.9	10.1	10.3	10.8
Had sexual intercourse with four or more people during their life	5.1	5.3	4.9	5.5	4.0	3.8	4.4
Had sexual intercourse during the past three months ("current")	10.4	10.3	9.7	9.4	8.3	~	8.6
Drank alcohol or used drugs before last sexual intercourse	30.4	31.8	37.8	32.8	29.6	~	30.4
Used a condom during last sexual intercourse	58.0	61.6	64.9	66.3	67.7	69.4	64.9
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	7.8	6.1	7.6	5.7	7.7	~	~
Had ever been taught about AIDS or HIV infection	82.7	84.0	80.9	79.1	78.0	71.2	66.3

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<b><i>Weight Management and Dietary Behaviors</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Described themselves as slightly or very overweight	26.0	26.8	26.3	27.3	26.8	25.3	25.1
Were trying to lose weight	41.4	40.4	42.4	42.5	42.6	42.9	40.2
Ate breakfast daily during the past 7 days							47.9
Exercised to lose weight or to keep from gaining weight during the past 30 days	55.5	61.2	62.0	62.1	63.4	~	57.9
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days		37.1	37.3	36.4	35.5	~	30.5
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days		12.5	12.3	12.1	11.2	~	8.3
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days		6.0	6.0	4.8	3.9	~	2.9
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.5	5.4	5.4	5.1	5.0	~	3.7
Drank 100% fruit juices during the past seven days		82.5	80.0	80.3	79.4	~	77.9
Ate fruit during the past seven days		89.4	89.3	89.4	89.5	~	90.6
Ate green salad during the past seven days		72.3	71.2	70.1	67.8	~	~
Ate potatoes during the past seven days		75.1	71.9	72.5	68.8	~	~
Ate carrots during the past seven days		59.8	58.9	58.9	57.6	~	~
Ate other vegetables during the past seven days		86.0	83.9	84.6	83.8	~	~
Drank a can, bottle, or glass of soda or pop daily during the past seven days							19.7
Drank three or more glasses per day of milk during the past seven days		33.7	30.7	29.1	28.0	~	23.5

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<b><i>Physical Activity</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days						56.0	56.3
Watched three or more hours per day of TV on an average school day		31.6	28.9	30.7	29.8	27.0	26.8
Played 3 or more hours of video or computer games or used a computer for something not school-related on an average school day						19.6	18.0
Attended physical education (PE) classes on one or more days in an average week when they were in school	88.0	89.2	85.9	88.5	88.6	89.8	87.5
Attended physical education (PE) classes daily in an average week when they were in school	31.0	32.1	29.2	23.2	25.0	27.1	29.2
Played on one or more sports teams during the past 12 months		78.3	76.5	75.0	75.2	78.1	73.0

<b><i>Other</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Had ever been told by a doctor or nurse that they had asthma					16.3	18.0	17.4
Currently have asthma						12.9	13.1